F&F MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wk 1 (Jun 18-20)			Meatballs Baked pasta Mixed greens Garlic bread Chocolate chip cookie	BBQ chicken Corn bread Baked potato bar Chocolate chip cookie	Pizza (cheese and veggie) Caesar salad Chocolate chip cookie
Wk 2 (Jun 23-27)	Sloppy Joes Pasta salad Mixed greens salad Chocolate chip cookie	Chicken tacos Rice and beans with fixin's Chocolate chip cookie	Hamburgers (cheese on the side) Veggie burgers Tater tots Fresh fruit Chocolate chip cookie	Jerk chicken Rice and beans mixed Greens salad Chocolate chip cookie	Pizza (cheese and veggie) Caesar salad Chocolate chip cookie
Wk 3 (Jul 14-18)	Fried chicken Mac n cheese Roasted corn salad Chocolate chip cookie	Beef tacos Rice and beans with fixin's Chocolate chip cookie	Caesar salad Chicken strips Rolls Chocolate chip cookie	Turkey wrap Roasted vegetables Pasta salad Chocolate chip cookie	Pizza (cheese and veggie) Caesar salad Chocolate chip cookie
Wk 4 (Jul 21-25)	Meatballs Baked pasta Mixed greens Garlic bread Chocolate chip cookie	Chicken tacos Rice and beans with fixin's Chocolate chip cookie	Roast beef sandwich Mac n cheese Fresh fruit Chocolate chip cookie	Jerk chicken Rice and beans Mixed greens salad Chocolate chip cookie	Pizza (cheese and veggie) Caesar salad Chocolate chip cookie
Wk 5 (Jul 28-Aug 1)	BBQ chicken Corn bread Baked potato bar Chocolate chip cookie	Beef tacos Rice and beans with fixin's Chocolate chip cookie	Caesar salad Chicken strips Rolls Chocolate chip cookie	Turkey wrap Roasted vegetables Pasta salad Chocolate chip cookie	Pizza (cheese and veggie) Caesar salad Chocolate chip cookie

Wk 6 (Aug 4-8)	Sloppy Joes Pasta salad Mixed greens salad Chocolate chip cookie	Chicken tacos Rice and beans with fixin's Chocolate chip cookie	Hamburgers (Cheese on the side) Veggie burgers Fresh fruit Tater tots Chocolate chip cookie	Jerk chicken Rice and beans Mixed greens Chocolate chip cookie	Pizza (cheese and veggie) Caesar salad Chocolate chip cookie

*Cheese is added to burgers upon request.